

Krupa Prasad

[Sunruta](#)[Mahelav Naa  
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Prayer](#)[Brahmasootro](#)[Gunaateeta Gnyaana  
Nu Navaneeta](#)**Sunruta**

Shukravaara taa. 28-3-41

Friday, March 28, 1941

Shreejee Svaamee Satya Chhe

Lord Swaminarayan and Gunatitanand Swami are the eternal truth

**Paancha vaartaa sambandhee Vachanaamrutamaathee vaartaanee nondh:**

- 1) Karavu – Santa samaagama (mana-karma-vachane).
- 2) Jaanavu – Jada chaitanya no vivek.
- 3) Mookavu – Panchavishaya, dehaabhimaan, avalo paksha.
- 4) Samajavu – Bhagavaananu svaroop.
- 5) Raakhvu – Brahma thaine Parabrahma.

**Five essentials are noted from the Vachanamrut discourses:**

- 1) To do – association of a true saint (by thought, action, and speech).
- 2) To know – discrimination between body and soul.
- 3) To renounce – temptations of the five senses, body-consciousness, and wrong favor.
- 4) To understand – God's real eternal form.
- 5) To keep – God after becoming totally purified.

**Bhagavaanane bhaktimaa vighna trana motaa tenee nondha:**

Muktaananda Svamee no prashna chhe, Vachanaamruta chellaa prakarana 8:

- 1) Potaanaa dosha na odakhaaya.
- 2) Bhagavaananaa bhakta thakee mana nokhu padee jaaya.
- 3) Bhagavaananaa bhakta thakee beparvae thee jaaya.

**In devotion to God, note three major hurdles:**

From Muktanand Swami's question in Vachanamrut Gadhada Last 8:

- 1) One does not recognize his own faults.
- 2) One develops aloofness with God's devotees.
- 3) One becomes careless or disinterested with God's devotees.

**Muktaananda Svameeno prashna chellaa prakarana 5 mu, mahaatmyeyukta bhakti aavyaanu shu saadhana chhe?**

Shreejee Mahaaraaje javaaba aapyo ke, "Je Shukasanakaadika jevaa je motaa purusha tenee sevaa ne prasanga temaathee mahaatmyeyukta bhakti jeevanaa hradayamaa udaya thaaya chhe. Mahaatmya vagarnee bhakti kshayarogavaalee. Jema dasha varasane kanyaane kshayaroga laagoo pade, te juvaana thayaa pahelaa ja maree jaaya

chhe.” Tema mahaatmya vinaanee bhakti molee padee jaaya chhe. Vachanaamruta Saarangapura 5mu.

**In Gadhada Last 5, Muktanand Swami asks, “With what means can one attain devotion to God that is full of glory?”**

Lord Swaminarayan replies, “By the service and strong association of great spiritual saints such as Shukdevji and the Sanakaadik, devotion full of glory arises in the heart of a soul. Devotion to God without [understanding His] glory is like having tuberculosis. Just as a ten year old little girl is affected with tuberculosis and dies before reaching her youth.” Similarly, devotion without glory slackens. Vachanamrut Sarangpur 5.

**Pehlo Mudo**

Nirdoshabuddhi dareka maa raakhavee te ja aapani sevaa chhe. Gadhadaa madhya 28 naa Vachanaamrutamaa bhakta naa bhakta thaavu. Gadhadaa prathama 58 – paako haribhakta kone jaanvo? Haribhakta tenaa daasano daasa thai ne rahevu. Gadhadaa madhya 62, trana angamaathee eka anga raakheene ne deha mookine dhamamaa jaavu. Aatmanishthaathee uttama pativrataapanu, daasatvapanu. Daasatvapanaamaa 4 kalama samajavaanee aave che:

- 1) Eeshtadevanaa darshana game.
- 2) Eeshtadevanaa paase rahevu game.
- 3) Eeshtadevanee kriyaa game.
- 4) Potaanaa eeshtadevano svabhaava game.

Aa chaara kalama samajavaanee chhe. Aa mudaa samajeene jeevanamaa utaaravaa.

**First Principle**

Our service is to see divinity in everyone. [Per] Vachanamrut Gadhada Middle 28, become the devotee of devotees. Vachanamrut Gadhada First 58 - who should be known as a true devotee? Who lives as the servant of the servant of devotees. [Per] Vachanamrut Gadhada Middle 62, one should keep one of the three styles and leave the body and go to Akshardham. To remain in soul consciousness, and to have singular loyalty (similar to how a loyal wife has for her husband), [and] to remain in total, humble servitude. In remaining in servitude, four qualities are to be understood:

- 1) Likes to see his Ishtadev.
- 2) Likes to stay with his Ishtadev.
- 3) Likes all of his Ishtadev’s actions.
- 4) Likes his Ishtadev’s nature.

These four qualities are to be understood. These points are to be understood and imbibed in one’s soul.

**Beejo Mudo**

Ekabeejaanee khatapata na karavee. Te koknee vaata beejaane karavee ne bejaanee vaata kokane karavee te svabhaava saadhutaanaa maargamaa khaamee raakhe, maate jene moksha joito hoya temane te svabhaava mookavo.

**Second Principle**

Do not engage in the gossip of others. That is, talk negatively about someone to others, and negatively about others to someone else – such a nature brings a deficiency in the path of saintliness, thus if one wants liberation, he should give up such nature.

**Trijo Mudo**

Svaamee Jaagaasvamee kahetaa je avaguna levaanu mana thaaya to potaanaa dehano, potaanaa svabhaavano ne potaanee jaatino avaguna levo. Pana brahmasvaroopa ekaantika Bhagavaananaa bhaktano avaguna na levo.

**Third Principle**

Jaga Swami used to say that if one feels like seeing negative qualities, then one should see the negative in one’s own self, one’s own nature, and one’s own kind. But one should not see negative in God-realized devotees.

### **Chotho Mudo**

Sahanashakti e jabaro guna chhe. Koka shabda aapanane kataakshathee kahe to saamu na bolataa sahana karvu tene kshamaano guna kahe chhe. Te kshamaa karavaathee potaanaa haiyaamaa shaanti akhanda aape chhe. Ne aananda naa phuvaaraa chhoote chhe ane motaa jeevamaathee raajee thaaya chhe. Tyaare Svaamee Moola Aksharabrahma kahetaa je, “Deha padee gayo etale shu thayu? E to saadhu thaavu ne saadhutaa sheekhatee. Ne maree gayaa etle thai rahyu ne karvu baakee kahee na rahyu – ema na samajavu.” Svaamee Jaagaabhakta Svaamee kahetaa je parakriyaa ne paarako aakaara ne paarakaa dosha jeevamaa daakhala karavaa nahi, em Svaamee kahetaa. Kyaaka vaata thatee hoye na potaanaa angamaa maltee aavatee hoye tetalee grahana karavee ne beejeeno tyaaga karavo – je beeja bhakta ne arthe chhe ne maare arthe nathee. Etale temano avaguna aavyo na kahevaaya.

### **Fourth Principle**

Tolerance is a great virtue. If someone speaks to us sarcastically, then instead of retaliating, one should bear it – that is called the quality of forgiveness. By forgiving, one experiences constant peace in the heart. Also there are fountains of joy and the great saint becomes pleased from the depth of his soul. Gunatitanand Swami said, “So what if the body dies? One should become a saint and learn saintliness. One should not believe that death is the end, and that nothing is left to be done.” Shastriji Maharaj used to say that Jaga Swami used to say that one should not allow others’ wrong actions, other outside forms, and others’ wrong faults to enter our souls. If there is a discussion somewhere, one should only accept that which matches ones inclination, but disregard other talks - considering it to be for others, but not for oneself.

This is not to have seen negatively in others.

### **Paanchmo Mudo**

Jhaajho samooaha hoye ne koe vaata thatee hoye ne aapanaathee te motaa hoye te vakhate vaata saambhalee levee. Pana heta thaaya tyaare vaata karavee. Pelu heta karaavavaa sheekhavu. Heta karaavyaa pachhee vaata bese maate heta thayaa pachhee potaano siddhaanta kevo.

### **Fifth Principle**

Where there is a large gathering and a discussion is going on, and if the person talking is senior to us – at that time, one should listen to whatever is said. Only when love-intimacy is developed, should one talk. First learn to create affection.

After affection is developed, one will be heard – thus, after affection is developed, one should give his beliefs.

### **Chhatto Mudo**

Suhradapanaano moto guna sheekhavo. Suhradapanu etale ekabeejaanee kriyaa sampathee karee levee. Sevaa ekabeejaanee karee levee, koi kahe te khamavu ne beejaane te vaata janaavavee pana nahi. Je mune phalaane aama kahyu. Ahoho, maaraa motaa bhaagya je aavaa kahenaaraa kyaathee male ema kahenaaraano guna levo. Suhradpanu hashe to jabaraa guno aavshe. Ema Svaamee nu vaakya chhe. Maate avashya suhradapanu raakhvu.

### **Sixth Principle**

One should learn the great quality of heartfelt oneness. Heartfelt oneness is to do one another’s work with harmony. To serve one another; if someone scolds, then bear it, and do not even tell someone else that “this person told me such-and-such.” Also one should think positively that “How fortunate I am to have someone to tell me.” If there is heartfelt oneness, other great qualities will come. Shastriji Maharaj has promised this. Thus, one should definitely develop heartfelt oneness.

### **Saatamo Mudo**

Kathaavaartaanu vyasana raakhavu. Kathaavaartaanu vyasana hoye to karya vanaa rahevaaya nahi. Motaa vaatu karataa hoye ne pote haajara na hoye to hradaya maa balatraa thavee joiye. Jyaare kathaa saambhaliye tyaare shaanti thaaya. Maate shabda jheelavaa sheekhavu. Eke shabda vruthaa javaa devo nahi. Navin navin vaato yaada raakhatee. To ja shruta kahevaaya. Maate kharaa shruta thaavu.

## Seventh Principle

One should have the habit of listening to spiritual discourses. If there is a habit of listening to spiritual discourses, then one cannot live without it. If a great saint is talking and one is not present, then one's heart should burn. Listening to spiritual discourses gives peace. So, one should learn to grasp the discourses. Even one word should not be allowed to go in vain. One should repeatedly remember talks to keep them fresh. Only then can one be called a listener. Thus, one should become a true listener.

### **Aatalaa saata muddaa jeevamaa utaaree samajee kepha raakhavo.**

Vaata to ghanee thai pana tookamaa aatalu samajavanu. Motaa vaatu karataa hoya tyaare vaata saambhalavi ne eka mane thai ne vachamaa kaanee pana dahaapanathee bolavu nahi. Adhara vachana jheele levaa.

### **These seven principles should be understood and imbibed in life - and remain elated.**

Much has been said, but in short, one should understand this: when a great saint is speaking, one should listen with concentration, and not say anything unnecessarily in between. Eagerly grasp the message.

Bolo Svaaminaaraayanane jaya  
Bolo Mula Akshara Svaameene jaya  
Bolo Shaastreejee Mahaaraajane jaya  
Da. Sadaa Sevak Gnyaanajeevanadaasajee

Glory to Lord Swaminarayan  
Glory to Gunatitanand Swami  
Glory to Shastriji Maharaj  
Signed, always a servant, Yogi Bapa

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### **Mangalavaara taa. 1 – 4 – 41 Tuesday, April 1, 1941**

Thodaabola thavu. Vaanee je vaaparvee te doodhane pethe vaaparavee, pana paaneene pethe na vaaparvee. Bola bola na karavu. Ghate tetalu bolavu. Satya, hita ne priya laage tevu vachana bolavu. Etle saune aapadaamaa heta thaaya evu anga raakhavu. Aatalo paatha karavaathee shaanti raheshe.

Shooraveera thaavu jethee indriya antahkarana tharathara kampataa phare ne khotaa ghaata pana na thaaya. Vachanaamruta chhellaa 2 raatadivasa vaachyaa ja karavu. Poojya Bhagatajee Mahaaraaj, Poojya Svamee Jaagaabhakta, Poojya Adaashree ne Poojya Shastreejee Mahaaraajane sambhaaravaa. Dararoja smruti karavee. Aatalo paatha karavaathee shaanti raheshe.

Speak less. Speech should be used as like milk, but not like water. One should not keep talking. Speak only as required. Speak truthfully, for good, and in a likeable manner. Keep a style such that everyone would like us. By reading this one will find peace.

One should become courageous so that the senses and subtle faculties all remain with fear, and so that no bad thoughts arise. One should keep reading Vachnamrut Gadhada Last 2 day and night. Remember Bhagatji Maharaj, Jaga Swami, Krishnaji Ada, and Shastriji Maharaj. Remember them daily. By reading this one will remain in peace.

Da. Gnyaanajeevanadaasajee  
Signed, Yogi Bapa

**Chaitra Sudee 4 ne Mangalavaara**  
**Tuesday, Chaitra sud 4**

Koi vaale tyaare aapane vegamaa hoeeye to pana valee javu e guna jabro chhe, pana potaano ekado saamo raakhavo nahi.

Eka vaata shikhavaanee chhe. Kata valee javu. Potaano Brahmasvaroopapanaano aanand kshana pana molo padavaa devo nahi. Kaama-krodhanaa ghaata thaaya tyaare gnyaane kareene dabaavee devaa. Jo bhoondo ghaata karyo to taaraa bhukkaa karee naakheesa. Raajyaneetinu Vachanaamruta Gadhada madhya 12 vaachavu. Pachee eka pana sankalpa na thaaya. Saankhyavichaara karataa sheekhavu. Deha, loka, bhoga khotaa samajee levaa. Aavo vichaar savaramaa karvo, hu gunaateeta chhu ne maaraa jeevamaa SvameeShreejee saakshaata bethaa chhe. Pratyaksha Brahmasvaroopo potaane maanvo.

Eja vinantee, bhoolchooka sudhaaree vaachasho.

When someone is rebuking, even if we are in force, one should revert back – that is a great quality – but one should not insist on his own view.

One thing should be learned. Instantly turn back. One should not let the bliss of God-realization go away for even a moment. When thoughts of anger and passion arise, one should suppress them with spiritual knowledge. [One should say to his mind,] “If you have any wrong thoughts, then I will destroy you to pieces.” Read Vachanamrut Gadhada Middle 12, The Art of Ruling. Then a single thought will not arise. One should learn to think of in terms of relative values [and see the world as perishable]. Understand the body, the world, and its pleasures as false. One should think in the morning, “I am gunatit and God is manifest in my heart.” Consider oneself as totally purified and liberated.

That is my only request - please correct any mistakes and read.

**Mahelav Naa Sankalpa (Wishes Made in Mahelav)**

P. Yogeejee Mahaaraaja  
Yogi Bapa

1) Tamaaraa sambandhavaalaa game tevaa hoyaa, pana maathaanaa mughata maaniye tevaa aashirvaada aapo. “Tulasee jaake mukhanase” koi saathe aatee pade nahi, sambandhavaalaane olakhee shakiye tevee buddhi aapajo. Tamaaraa jeevee buddhi amane aapajo.

2) Aaja praarthnaa kariye ne kaale pharee jaiye tevu na kariye, e praarthanaa chhe.

3) Tamaaraa vishe je bhaavanaa chhe, te tamaaraa bhaktamaa pana rahe. Manushyabhaava na aave. Tame saakshaata kaivalyamoorti chho, pana tamaaraa bhakto pana saakshaata kaivalyamoorti manaaya tevaa aashirvaada aapajo.

Aapanaa bhaktamaa divyabhaava rakhaavajo.

4) Koe di Bhagavaana ane Santane oshiyaalaa na karee, tevee buddhi aapajo. Kaayama eka buddhi rahe tevee praarthanaa.

5) Aavo sambandha thayo te shokamaa na rahiye. Alamasta aananda maa raheeye. Krodha, dagaa, prapancha, maan na rahe e aapo.

6) Tame nirdoshabuddhinaa bhookyaa chho. Tamaaraa bhaktamaa ame jo nirdoshabuddhi raakhashu to tamo amaaraa upara heta raakhasho. E chodee daeshu to tame paache (paase) nahi besavaa dyo. Kaadee mookasho.

1) May I consider everyone in your association, however they are, as the crown on my head – please give such blessings. Tulsidas said “May my skin even be used to make shoes for all those who even by mistake say the name of Lord Rama.” May I not have a disliking against anyone. Please give me the intellect to recognize all those in your

association. Please give me your type of intellect.

2) Today we pray, and tomorrow we turn back – I pray that I do not do that.

3) May I have the same feeling toward your devotees as I have for you. May I never attribute any worldly traits in you. You are divine - but please give me the blessings so that I believe your devotees to also be divine. Please help me see divinity in your devotees.

4) Please give me the intellect to never misbehave with God and His saint. I pray that my intellect remains unchanging.

5) After being in this great association, may there never be a disturbance. May I remain in constant bliss. Please grace me such that no anger, deceit, betrayal, or ego remains.

6) You only want heartfelt oneness. If we keep divinity in your devotees, then you will keep a liking toward us. If we do not, then you will not let us sit close to you. You will drive us away.

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### **Praathanaa (Prayer)**

Taa. 4–3–69 | Bapore 3:30 vaage

March 4, 1969 | 3:30 in the afternoon

Savaare uthataa vete temaja raatre sootee vakhate gurudevanees smruti raakheene ekaagra chitte karavaanee praarthanaa: He Poorna Purushottama Naaraayana Sahajaananda Svaamee, He Mula AksharaMoorti Gunaateetaananda Svaamee, He Bhagatjee Mahaaraaja, He Jaagaa Svaamee, He Krushnatee Adaa, He Shaastreejee Mahaaraaja, He Yogeejee Mahaaraaja, He Pragata Santo, Mukto ane Haribhakto...

Tamo sarve amaaree upara kevala dayaane karunaa kareene, amane tamaaraa ekaantika daasa ganine, hridayamaa akhanda biraajamaana rahejo.

Pale pale tamaaraa sarvoparee kartaapanaanu ne divya pragatapanu akhanda jaanapanu rahe ane kevala tamaaraa sambande ame brahmaroopa chheee, Akshardhaamanaa mukta ja chheee evu akhanda manaaya. Tevaa beejaa sambandhvaalaa mukto pana divya manaaya te maate Mahelaavanaa chha sankalpo vhelee take siddha karaavashojee. Tamone kadiye oshiyaalaa na kariye ane prakrutipurushanu jagata tathaa sankalpano mandavaada amne nadee shakeja nahee ane kevala amaaree anuvruti ane abhipraaya pramaane ja amaaraathee jeevana jeevaaya tevee sadbuddhi aapajo. Jethee koe no e jaraaya abhaava na aave, avaguna na levaaya, vikshepa nade nahi ane munjhavana thaaya nahi. Aama deha chataaja lahejata thee Aksharadhaamanu sukha leta thae jaeete ve gadgad kanthe gurucharane namra praarthanaa chhe.

The prayer to perform immediately upon waking up in the morning and right before sleeping at night – remembering the spiritual master, and with concentration:

Dear ultimate God, Sahajanand Swami, His original and manifest abode, Gunatitanand Swami, Bhagatji Maharaj, Jaga Swami, Krishnaji Ada, Shastriji Maharaj, Yogi Bapa, manifest saints, liberated souls, and devotees...

By your sheer grace and blessings, considering me your dedicated servant, please forever remain in my heart.

At every moment, may I believe in your ultimate all-doer-ship and manifest divinity. We are liberated just by your association - we are liberated souls of Akshardham – may we constantly believe this. May we similarly consider all devotees in your association as divine – for that, please help me live according to the six wishes made by Yogi Bapa in Mahelaav as soon as possible. May we never misbehave with you - may the illusionary world and the entanglement of desires never hinder us - and please give us the positive intellect to only live our life according to your inner wish and mission. Such that, we never see the slightest negative in anyone or see anyone's faults - we are not bothered by any wants or confusions. Our humble prayer at the lotus feet of the spiritual master is that we enjoy the happiness of Akshardham, now in this very life.

Sauneya tamaaraa vishe paase hoye ke door, tamaaraa vishe jodaayaa hoye te saune nirdoshabuddhi drada thaaya. Aanandanaa phuvaaraa ude te sahu sukhiyaa raheete tevaa aa mangalakaaree divase phagavaa arpana karashojee.

Tamaaraa svaroopagnyaanano, tamaaraa aparampaara mahimaano aavo saakshaatkaara kevala aapnaa anugrahathee seheje ja siddha thaaya, aapani janma jayanti pahelaa sahu shreyarthee saadhakane siddha thaaya te ja abhyarthanaa.

Whether [physically] close to you or far, may all those attached to you develop a divine intellect. Let everyone enjoy the fountain of bliss and remain happy – please give us such divine blessings on this auspicious day.

I humbly pray that before your birthday, by your sheer grace, all aspirants effortlessly attain the realization of the knowledge of your manifest-divinity and limitless glory.

Daadukaakaanaa Jaya Shree Svaaminaaraayana  
Kakaji's Jay SwamiNarayan

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### **Brahmasootro (Divine Messages)**

1) Aapano janma be vaata ja siddha karavaa thayo chhe. Brahmasvaroopaa thae jema chaara prakaarano deha aade aave te ane sarvoparee Parabrahma Purushottama Naaraayana maa samyaka prakaare nirdosha ne svaameesevaka bhaave jodaavavaa. Temaa sanga aneka prakaaranaa aadaa aave. Temaa paancha drashtaanto – mitra, bhagavadeeyo paasethee jaanee – samajee rahasya jeevanamaa utaaravu. Jethee raajamaarga sarala bane ne saadhanaa sukhe sukhe thaaya.

Upaaya – Kharekharaa bhagavadeena prasang ja te svaroopanee anuvrutitheer - pratham 16 vishista anugraha thaaya. Tethee siddha thae moorti siddha banaaya. Motaa ekaantika paasethee paaku samajee levu.

Our birth is to attain only two things. Become totally liberated, in which four types of bodies come in the way, and to totally attach to the ultimate God with innocent humility and greatest servitude. For which many types of associations come in the way. For this, one should understand and imbibe in life, five examples from friends and fellow devotees.

Then one's spiritual path becomes easy and the spiritual process happens happily.

Solution - with the strong association of a true fellow devotee, and living by the inner wish of a God-realized saint - [Vachanamrut Gadhada] First 16, special blessings are received. With this, one would become a master of holding the divine image constantly. One should understand this from a great God-realized person.

2) Suhradabhaava ja jeevanu jeevana chhe. Te siddha karyethee ja nirdoshabhaava dradha thaaya – tema Pa. Poo. Yogee Baapaa vaaramavaara kahetaa, ne A. Moo. A. Moo. nee vaata 3jaa nee 16 maa pana te ja chhe ne Teerthageetaamaa pana Poo. Baapaae chha vaara spashtataa kareli chhe. To tenu mula – original source – pratyakshasvaroopaa ane sarvoparee Sahajaanandajee ja chhe. Te ekaj sikkanaa be paasaa – yugala upaasanaa naa rahasyarooke parama ekaantika paase thee sheekhee levaa ne jeevamaa dhaaravaa tethee prakaasha thai jaaya to ja divyataa manaashe. Dekhataa thae javaashe. Antaranee aankha khoolee jashe. Toja divyataa manaashe ne be saathe mali kaama kartaa maitribhaava dradha thai jashe. Sahaja banshe ne mahaashakti pragatashe.

Heartfelt oneness is the life of a soul. Only by attaining it, can one gain the feeling of divinity. Yogi Bapa used to repeatedly say this; the same is said in Swami Ni Vato 3/16; Yogi Bapa also declared this six times in Tirtha Gita. The root or original source of it is the present saint and the ultimate Sahajanand Swami. They are two sides of the same coin – learn Akshar-Purushottam worship from a God-realized saint. Beheld in the soul, this will give enlightenment, and only then, will everything be divine. One will then be able to see. The inner eye will open. Then divinity will be seen everywhere – and friendliness will be gained with two working together. This will naturally occur, and great power will awaken.

3) Prabhu ne pratyakshasvaroopamaa ne Pa. Poo. Yogee Baapaa maa ja – “akhandavrutti” eja (33 + 33 + 33 + 1) nirdoshbuddhi ne samyak gunaateeta bhaava gunathee parano. Te anaadi bhagvadeeyo be, eka satata antardrashti ja karaave ne eka pushti kare, bala aape, jaalave, nabhaave ne saatheedara 50/50 takaa tarike premathee – sadbhaavathee

ja saatha aape – tevaa saathe – banneya saathe rasaroopataa, nishkapatapanu ke antaraarahitpanu. (Svaamee nee vaata 3 jaa nee 34 – Niranjanaanandaneer vaat) ne jeeva brahamroopa thaaya (Svaamee nee vaata 4 thaa nee 140); te be vaatunu akhanda anusandhaana praanika japathee praanaadhaarroope paanch minita 7 divasa sudhee trana sandhyaanishthaarupe ahookaja karee levu. Savaara – bapora ne saanje ke raatre sootaa pahelaa ja to prakaasha thaeer ja jaashe. To satsanga to sarvopareer ja malyo chhe. Ne kyaare teevra praarthanaathee praayaschitroopa praarthanaano daakhdo jaate ja karyo ne na banyu?

Constant focus on God, the manifest saint, and Yogi Bapa (that is, 33 + 33 + 33 + 1/oneself) - this is having a divine intellect which is beyond all qualities. With two eternal fellow devotees - one who constantly helps you introspect, and another who motivates you, gives you strength, takes care of you, and supports you lovingly and positively as a “50/50 percent partner” - with both of them, remain engrossed, totally open, and without any barriers. Niranjananand Swami’s talk in Swami Ni Vato 3/34, and the soul becoming totally liberated in Swami Ni Vato 4/140 – have constant focus on these two talks. Chant in tune with breathing as the support of life – for 5 minutes, 7 days straight, with togetherness and full faith, unfailingly 3 times a day - in the morning, afternoon, and evening or in the night before going to sleep – then there will be enlightenment. We have the ultimate divine fellowship. With intense aspiration, having taken the support of introspective prayer, has a prayer ever gone unanswered?

To have – karavaa ja maandavu. Abaghadeer ja to Pa. Poo. Baapaa ja ati anugraha karee karaaveer deshe. Karvu ja chhe ne? Ke sandehaatmaka rahevu chhe? Tetheer prashano poochavaanaa ja nahi rahe ne sujha padeer jashe ja. To have mandajo ja. Phateha chhe aagee jaya jaya ne vijaya ja.

Then start living right now. By Yogi Bapa’s supreme grace, at this very moment, it will happen. Do you really want to do it? Or do you want to remain doubtful? Then there will be no need to ask any questions, and the understanding will come. Thus go at it now. There is a war in front of us and we are going to win, win, and win.

Aapanaa ja  
Da. Daadukaakaanaa hetapoorvaka  
Jay Svaameenaaraayana

Your’s,  
Signed Kakaji, filled with love  
Jay SwamiNarayan

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### **Upaaya hajeeya saheloo chhe – divya aadhyaatmika sambandha karavaano:**

- 1) Prathama - tamaaru naama eka kalaaka maate badali ja naakho.
- 2) Prabhu ne svaroopo ne ananta brahmasattaa chhe chhe ne chhe ja. Aastikabhaavathee hradayamaa tenuja anusandhaana – preetitheer ne sampoorna vishvaasthee raakho – akhataro jaata para ja karo ne hradayamaa baalaka ke bhoolakaanaa bhaavtheer – Prabhu ne svaroopo ne bhagavadeer tarapha ja dhrashteer raakheer temane ja preranaa karavaa do. To have pratikshaa karataa raaha jotaa watching kartaa...
- 3) Sachetana sakriya samataapoorvaka saakshibhaave – naameeye sahita naamano pokaara hradayathee kartaa praanikajapathee – svaroopdhaaranaa ne svaroopalaksharthaa siddha thashe tetheer akhanda jaagrattataa ne divya jaanapanu dradha thashe. Ne shoonya thaa nirvichaara ne nirvikaara thaeer – prakashamaa ne santaneer moortimaa laya ne leena thaeer javaashe ne pachheer ja paancha minitanu saachu ‘sahaja dhyaana’ moortineer preranaa karee tevu dradha thashe ne saacheer – sva nahi – satya ja preranaa karashe tetheer anuvrutti pragatashe ne pachheer tema ja karvu ne bahaara motaa muktonaa suchano phakta haste modhee haajee haa karee antarajaameer ja preranaa karee kaa aapaneer jene svaroopo maantaa hoiye – tene spashta ja kahyu hoyaa te pakadi raakhavu ne jaraayer bhaavapher to thavaa ja na devo – to Prabhu ja – brahmashakti pragataaveer teonee sukha – shaanti – bala ne aananda arpsheer ne vyavahaarhika kaamo aapo

aapa ja ukalataa jashe – aavu karnaarane antaranaa aashirvaada chhe.

**The technique is still very easy - to create a divine and spiritual relationship:**

- 1) First, change your name for one hour.
- 2) God and His divine saints definitely have great divine control. With divine feeling in your heart, keep focus on the saint – keep love and full faith – experiment on your self, and in your heart as an innocent child - keep your vision towards God, His saint, and fellow devotees only, and let them inspire you. Then wait and keep watching...
- 3) With divinity, positively, and with equipoise, remain in a witnessing spirit. Chant the name of God keeping His remembrance in your heart and in tune with breathing. One will imbibe the image of the spiritual master and remain focused on him – from which a constant alertness and divine awareness will be accomplished. Becoming empty, thoughtless, and without any form – in divine light and the image of God’s saint, one will become engrossed and absorbed – then there will be real natural meditation for 5 minutes – it will be such that one gets inspiration and real – not one’s own – true inspiration – from which one will know [God and His saint’s] inner wish. Then one should only do that - smilingly say yes to the advice of great liberated souls – whatever the inner-God inspires or who we believe to be our spiritual master – whatever he clearly says, keep a hold of it – and do not even feel slightly disturbed. Then God will kindle the light of divine power and gift peace, happiness, strength, and bliss. And all worldly work will automatically be solved. Whoever does this will get immense blessings.

Li. Daadukaakaanaa potaanaa Jay SvaamiNaaraayana  
Kakaji 's Jay SwamiNarayan

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**Gunaateeta Gnyaana Nu Navaneeta (Essence of Divine Knowledge)**

Pa. Poo. Yogeejee Mahaaraaja  
Yogiji Maharaj

- 1) Koinu ya jovu nahi.
  - 2) Potaanu karee levu.
  - 3) Munjhavana aave to maalaa ghamakaavavee, pana beejaa vichaara na karavaa.
  - 4) Darekamaa nirdoshbuddhi raakhavi.
  - 5) Sampa, suhradabhaava ne ekataa raakhavee.
  - 6) Saakshaatano mahimaa nirantara gaayaa karavo.
- 
- 1) Do not see negative in others.
  - 2) Look after your own liberation.
  - 3) In times of difficulty, pray to God but do not think of anything else.
  - 4) See everyone with divinity.
  - 5) Keep spiritual togetherness, harmony, and oneness.
  - 6) constantly glorify God in the form of the saint you have met.

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